

# Label, Leadership & Legacy

## Update your Internal Operating system

Unlock your leadership potential with our transformative program, "Labels, Leadership & Legacy." This professional development initiative focuses on updating your Internal Operating System (IOS) to lead from the inside out. Dive into an intensive 6-step framework that combines 1:1 coaching and flexible workshops, designed to elevate your self-awareness and reshape your leadership capabilities.

### Six-Step Framework:

#### 1. **Identify Your Current IOS:**

- Explore beliefs, thinking patterns, and assumptions shaping your emotions and behaviour.
- Uncover the hidden influences running on autopilot in your life.

#### 2. **Upgrade Your IOS:**

- Cultivate awareness of your internal programming.
- Make conscious choices to update your IOS for expanded self-awareness.

#### 3. **Expanded Self-awareness:**

- Recognize the difference between limited knowledge and skills versus an upgraded IOS.
- Enhance your capability, decision-making, and impactful influence.

#### 4. **Pro-active Mind Leadership:**

- Embrace a proactive mindset for agility and competitiveness in the corporate landscape.
- Understand your current IOS to determine what to keep, stop, and start.

#### 5. **Roadmap for Change:**

- Clarify your path for personal and professional growth.
- Utilize the Varied Responsibility Framework (Harvard Review, page 19) for strategic decision-making.

#### 6. **Outcomes:**

- **Potential Drivers and Limitations:**
  - Understand the forces shaping and constraining your potential.
- **Clarified Roadmap:**
  - Identify what to keep, stop, and start for transformative change.
- **Personal Powers Ownership:**
  - Harness your internal powers for expanded choices.
- **5 Perspectives Framework:**
  - Access a powerful tool to influence with impact.
- **Strengthened Relationships:**
  - Manage conflicts positively and build robust connections.
- **Confident and Resilient Mindset:**

- Develop confidence and resilience amidst uncertainty.

**Take the leap and upgrade your Internal Operating System for a leadership journey that radiates from within. "Labels, Leadership & Legacy" is your gateway to transformative change and impactful leadership.**

